

Listen and Speak! らくらく英検 2 級

～ 英語ができる人になる ～

第 1 回 Food for Thought Script

* はじめに *

この番組は英検でおなじみの、日本英語検定協会がお送りする、すべての『英語ができる人』になりたい人たちのための番組です。これから英検 2 級や準 2 級を目指す人はもちろん、さらにその上を目指して、本当に『英語ができる人』になりたいというあなたにとって必ず役に立ちますよ。後半はちょっと難しかったり、大変だったりするかもしれませんが、私、伊藤太と頼れるパートナーの Gary Scott Fine がしっかり『英語ができる人』になりたいあなたをサポートします。

Yes, this program will not only help you succeed on Eiken Tests, but it will also help you improve your English ability, especially listening and speaking. The real aim of this program is to help you learn more than English itself.

We are not just interested in whether you can use English, but in what you can do with English.

The 1st program “Food for Thought”

さあ、それではレッスンを始める前に、ゲーリーと私の会話を聞いて下さい。この後のエクササイズヒントになるかもしれないので、しっかり聞いてくださいね。

■Introduction

F: Gary, do you remember what you ate for dinner five days ago?

G: Five days ago? No, I don't even remember what I ate last night! Okay, tell me what you ate at dinner, let's say, four days ago, if you can.

F: Fish.

G: Fish? Can you tell me more exactly?

F: Hm, fish cooked with some fresh herbs grown in my garden, and sashimi, including raw tuna.

G: Really? How do you remember that?

F: Fish is the greatest food in the world, especially Japanese fish. I cook fish with fresh herbs every day...

G: Every day?

F: Yes, I cook fish every day and eat raw tuna every other day.

G: Ah, that's why it was easy for you to answer. But, Futoshi, can you tell me this: where did the tuna you ate come from?

F: Oh, I don't know, but certainly not from Japan. Ah, we are eating seafood that comes from almost all over the world.

G: You're right. Shrimp from Thailand, salmon from Chile, and mackerel...

F: Mackerel? ああサバね。

G: That's right, mackerel from Norway...

You know, It would be interesting to learn more about how seafood from all around the world comes to your dining room table in Japan.

F: Yeah, that's something to be considered. It's food for thought.

G: OK, now, Futoshi, let's get started on today's exercises.

F: Oh, yes. Now...

F/G: Here we go!

1 Exercise 1 dialogue

これから流れる男女の対話を聞いて、後の問に答えて下さい。これから流れる対話は過去の英検に出題されたリスニング問題の一つです。実際の問題は、対話を聞いてから適切な選択肢を選ぶ形式ですが、ここではちょっと頑張って、ゲーリーの質問に自分の言葉を使って英語で答えるようにしてみましょう。いいですか。もう一度言いますよ。対話を聞いた後、ゲーリーの質問に自分の言葉で答えて下さいね。二次試験の面接対策にもなりますし、とても役に立ちますよ。それでは、始めます。

Listen to the dialogue and answer the question that follows. 【2013-1 Pre-2nd No.11】

M: Alison, I want to invite my girlfriend out for dinner. Can you recommend a good restaurant?

F: Sure. What kind of place are you looking for?

M: Well, something a little different would be good. I want our meal to be special.

F: There's a great new Italian restaurant down town on Third Street. You could go there.

Answer the following question in your own words.

Question: What is the man asking the woman about?

それでは、語彙と会話の表現について確認をしましょう。

Let's study vocabulary and expressions

Listen to my Japanese and repeat after Gary in English.

- | | |
|-----------------|--------------------------------|
| 1. 推薦する | recommend |
| 2. ちょっと違うもの | something a little different |
| 3. 食事を特別なものにしたい | I want our meal to be special. |

さて、二人の会話の中で、男性は会話の相手であるもう一方の女性 Alison に “recommend” と、何かを推薦、つまり勧めて欲しいと言っていますね。その上で、Alison から “What are you looking for?” と尋ねられると、“something a little different” と、少し違ったもの、つまり、何か普通とは違う特別なものを探しているんだと答え、その理由として、“I want our meal to be special.” “our meal” ガールフレンドとの食事を、“I want our meal to be special.” 特別なものにしたいんだ、と言っていますね。聞き取れましたか？

さあ、それではもう一度よく聞いて、ゲーリーの質問に英語で答えるように頑張ってみましょう。

Listen to the dialogue again, and once more answer the question that follows.

M: Alison, I want to invite my girlfriend out for dinner. Can you recommend a good restaurant?

F: Sure. What kind of place are you looking for?

M: Well, something a little different would be good. I want our meal to be special.

F: There's a great new Italian restaurant down town on Third Street. You could go there.

Answer the following question in your own words.

Question: What is the man asking the woman about?

■Imperfect example

さあ、どうでしたか。なかなか自分で考えて答えるのは難しいかもしれませんね。それでは、私が不完全な解答例を示しますので、どこを直したらいいか考えながら聞いて下さい。その後すぐにゲーリーのモデルアンサーが流れますから、集中してくださいね。

Listen to the following example and try to improve it on your own.

The man is asking the woman about the restaurant.

■Model answer

それでは、ゲーリーのモデルアンサーを聞いて下さい。

Listen to the model, consider the points, and compare it with your answer.

He is asking her about a place to go for dinner with his girlfriend.

気を付けるポイントは分かりましたか。質問の言葉をそのまま使うのではなく“the man”は“he”に“the woman”は“she”というように、しっかりと代名詞を使いましょう。また、“the restaurant”と“the”をつけてしまうと、「そのレストラン」がどのレストランかが限定され、もう既に分かっていることになってしまうので“the”ではなく“a”を使って“a place to go for dinner”と、冠詞に気をつけて表現しましょう。特に代名詞や冠詞の間違いは二次試験の面接でよく減点される場所ですから、特に気をつけてくださいね。

2 Exercise 2 passage

このエクササイズでは、短い文章が読まれた後にゲーリーが質問をしますので、自分の言葉で、「誰が何をしたのか」、「それはなぜか」をしっかりと答えて下さい。

Listen to the passage and answer the question that follows. 【2012-2 2nd No.20】

Roger traveled to Thailand last year. While he was there, he took an elephant-riding tour. He had fun but was surprised when the guide told him that some elephants in Thailand are treated badly and do not get enough food. Roger also learned about an NPO that helps to keep elephants safe and healthy. Roger donated some money to it because he is worried about these beautiful animals.

Answer the following question in your own words.

Question: What is one thing we learn about Roger?

さあ、きちんと聞き取れましたか。それでは、少し語彙と英文の表現を確認しましょう。

Let's study vocabulary and expressions

Listen to my Japanese and repeat after Gary in English.

- | | |
|--------------|--------------------------------|
| 1. 観光旅行をする | take a tour |
| 2. ひどい扱いを受ける | be treated badly |
| 3. 非営利団体 | NPO or Non-Profit Organization |
| 4. 献金する | donate |

Roger は “take a tour” 観光旅行をしたわけですが、“took an elephant-riding tour” は聞き取れましたか。“be treated badly” ひどい扱いを受ける。誰が、或いは何がひどい扱いを受けているのでしょうか。“NPO” の “N P O” は それぞれ、“Non- Profit Organization” “Non-Profit Organization” の頭文字をとった略語です。“profit” は「利益」ですから、“non-profit” 「利益を求めない」、 “organization” 「組織」「団体」という意味ですね。「国境なき医師団」などが有名ですが、NPO は “non-profit” の団体ですから、NPO に “donate” 献金することは、NPO の社会貢献活動を助けることにつながるかもしれません。

さあ、ここからは私の日本語はぐっと少なくなりますよ。「英語ができる人」を目指して頑張りましょう。聞き取れなかったら、何度も繰り返して聞いてくださいね。

Listen to the passage again and once more answer the question that follows.

Roger traveled to Thailand last year. While he was there, he took an elephant-riding tour. He had fun but was surprised when the guide told him that some elephants in Thailand are treated badly and do not get enough food. Roger also learned about an NPO that helps to keep elephants safe and healthy. Roger donated some money to it because he is worried about these beautiful animals.

Answer the following question in your own words.

Question: What is one thing we learn about Roger?

■Model answer

Listen to the model and compare it with your answer.

He donated some money to an NPO that helps to keep elephants safe and healthy because he wanted to contribute to caring for these animals that suffer miserable conditions.

■Repetition & Shadowing Drill using the model answer

1) Repetition Drill:

ポーズの間に、ゲーリーの英語をできるだけそっくりに真似してみましょう。単語の発音だけでなく、イントネーションや雰囲気も真似して下さいね。

Repeat during each pause. Practice again and again, and you'll surely improve.
Ready? Let's begin.

He donated some money to an NPO /
that helps to keep elephants safe and healthy /
because he wanted to contribute to caring for these animals /
that suffer miserable conditions. //

どうでしたか。上手に真似ができると楽しいですね。さあ、次は「英語ができる人」は必ずと言っていいほど練習するシャドウイングにいきますよ。私が実際に少しシャドウイングのお手本を示しますね。ゲーリーの後に続いてシャドウイング、つまり、ゲーリーの言葉の影を追うような形で、聞きながらゲーリーの言葉を真似していきます。

2) Shadowing Drill 1

While listening, shadow each part.

(G → F)

He donated some money to an NPO /
that helps to keep elephants safe and healthy /
because he wanted to contribute to caring for these animals /
that suffer miserable conditions. //

要領はつかめましたね。次は実際に自分で shadowing にチャレンジして下さい。shadowing は自分で speaking をするという負荷をかけながら listening をするので、筋トレと同じように「耳トレ」になります。必ず listening の能力が向上しますので、できるだけ何度でも繰り返して下さい。

2) Shadowing Drill 1

While listening, shadow each part.

Ready? Let's begin.

He donated some money to an NPO /
that helps to keep elephants safe and healthy /
because he wanted to contribute to caring for these animals /
that suffer miserable conditions. //

さあ、どうでしたか。次はもう少し長くなりますから集中してくださいね。

3) Shadowing Drill 2

This time, you'll try to shadow longer parts. Practice again and again.

Ready? Let's begin.

He donated some money to an NPO that helps to keep elephants safe and healthy /
because he wanted to contribute to caring for these animals that suffer miserable conditions. //

どうですか。できるようになるとすごくやりがいがあるでしょう。次は最初から最後まで一気にシャドウイングしてみましょう。できたらとても達成感が得られますよ。頑張ってくださいね。

4) Shadowing Drill 3

Shadow the whole sentence from the beginning to the end. Practice again and again. And I'm sure you will enjoy a feeling of accomplishment.

Ready? Let's begin.

He donated some money to an NPO that helps to keep elephants safe and healthy because he wanted to contribute to caring for these animals that suffer miserable conditions.

達成感は得られましたか。私は今でも初めてワンセンテンスをシャドウイングできたときの喜び、うれしさを覚えています。さあ、みなさんも「英語ができる人」を目指して、Listen & Speak してみましょう。

■ Repetition Drill using the whole passage

さあ、ここからは、ゲーリーのモデルアンサーではなく、先ほどの英文そのものについてドリルを行います。Repetition は反復でしたね。ポーズの間にしっかり真似して下さい。Repetition Drill が終わると、今度はすぐに Shadowing Drill に入りますから、注意してくださいね。

1) Repetition Drill

Now you should find it easier to repeat after the passage and shadow it. Practice repeatedly and you will get better and better.

Ready? Let's begin.

Roger traveled to Thailand last year. //
While he was there, /
he took an elephant-riding tour.//

He had fun but was surprised when the guide told him /
that some elephants in Thailand are treated badly /
and do not get enough food. //
Roger also learned about an NPO /
that helps to keep elephants safe and healthy. //
Roger donated some money to it /
because he is worried about these beautiful animals. //

2) Shadowing Drill 1

While listening, shadow each part.

Ready? Let's begin.

Roger traveled to Thailand last year. //
While he was there, /
he took an elephant-riding tour.//
He had fun but was surprised when the guide told him /
that some elephants in Thailand are treated badly /
and do not get enough food. //
Roger also learned about an NPO /
that helps to keep elephants safe and healthy. //
Roger donated some money to it /
because he is worried about these beautiful animals. //

さあ、どうでしたか。次はセンテンスの途中に区切りはありませんよ。各センテンスの間も短いですから、一気にパッセージ全体をシャドウイングできるように頑張ってくださいね。

3) Shadowing Drill 2

Shadow the whole passage from the beginning to the end. Practice again and again. It may be much harder, but you will enjoy a feeling of accomplishment, if you can. Ready? Let's begin.

Roger traveled to Thailand last year. //
While he was there, he took an elephant-riding tour.//
He had fun but was surprised when the guide told him that some elephants in Thailand are treated badly and do not get enough food. //
Roger also learned about an NPO that helps to keep elephants safe and healthy. //
Roger donated some money to it because he is worried about these beautiful animals. //

3 Challenge passage & opinion

さて、いよいよ最後のエクササイズ、チャレンジのコーナーです。ここからは一気に英語だけで進めていきますから、しっかり集中してくださいね。

Listen to the passage, and answer Gary's question. 【2013-1 pre-2nd No.23】

At a special event in 2007, a restaurant in Thailand served the most expensive meal ever. Chefs from around the world came to help prepare it. The dinner included many gourmet foods, and top-quality wine was also served. There were 15 guests, and each of them paid around \$30,000.

Now, Gary is going to make several points about the passage, and then ask you a question. Please answer his question. You should express your opinion as well as you can.

This passage tells us that very rich people gathered at a restaurant in Thailand and paid \$30,000 for one dinner. \$30,000 is around 3 million yen. I wonder how many elephants we could feed with that money. Of course, elephants and humans are different, but, still this makes one think about the gap between the rich and the poor. Keep in mind that many children around the world are suffering from hunger and poverty, while rich people are enjoying gourmet meals.

Some people say that there is nothing we can do for those children or to change the situation. What do you think about that? Please give your answer.

■Model

Now, let's listen to Futoshi. He will present a model response. Listen and compare it with your answer.

I disagree. It is not right to say that there is nothing we can do. Firstly, as individuals, we can donate some money to reliable NPOs or UNICEF. Secondly, as members of the international community, we can learn more about the terrible situation those children are in, and share the information more widely through the Internet and social networks. This will possibly lead to a change in the social and political climate. Moreover, we can strongly support policymakers, and organizations that are tackling this undesirable situation. Of course, it is very hard to save all the children at once, but it is possible to start to make some gradual but stable improvements on this issue. That's why there is much we can do.

How was it? Could you catch what Futoshi said? Did you understand his points?

Okay, now he will explain what he just said. Please listen.

はい、まず私は、“Some people say that there is nothing we can do for those children or to change the situation. What do you think about that?” 「私たちにはこうした子どもたちのためにできることは何もないし、状況を変えることもできないと言う人たちもいるけれど、あなたはどう思いますか」というゲーリーの質問を聞いて、“I disagree.” 「いやそんなことはない」つまり、「何もできないという意見には“disagree” 賛成できない」と答えました。これが私の主張です。これを踏まえて、“Firstly” “Secondly” “Moreover” というつなぎ言葉を使いながら、主張の根拠を大きく3つ提示しましたね。そして、“Of course, it is very hard to save all the children at once, but it is possible to start to make some gradual but stable improvements on this issue.” 「もちろん、すべてを、一度に」は very hard だけれども but 「“start / gradual / improvements” 改善を徐々に始めること」は possible だとまとめた上で、“That’s why” 「だから」 “there is much we can do.” と最後に主張をはっきりと言い直しています。

Now, let’s listen to Futoshi again. Please listen carefully, and focus on his opinion, and its structure.

I disagree. It is not right to say that there is nothing we can do. Firstly, as individuals, we can donate some money to reliable NPOs or UNICEF. Secondly, as members of the international community, we can learn more about the terrible situation those children are in, and share the information more widely through the Internet and social networks. This will possibly lead to a change in the social and political climate. Moreover, we can strongly support policymakers, and organizations that are tackling this undesirable situation. Of course, it is very hard to save all the children at once, but it is possible to start to make some gradual but stable improvements on this issue. That’s why there is much we can do.

■Closing Dialogue

G: Futoshi, your model answer was well-organized and very easy to understand. What's your secret? How did you do it?

F: DHA.

G: DHA?

F: Yes. DHA contained in fish activates my brain. That's why I remember what I ate even four days ago.

G: No, kidding. All right, Futoshi, tell me, then, what your recipe is for organizing your opinion.

F: Structure, Scope, and Avoidance of Extreme Styles are the most important key points.

Firstly, I use the "sandwich structure" which presents the main point at the beginning, then the grounds or reasons, and then the same main point again at the end.

G: Hmm, you sandwich the grounds or reasons between the main points, which you present at the beginning and then repeat at the end. Okay, what are "Scope" and "Avoidance of Extreme Styles"?

F: For now, I'd like to avoid explaining "Scope" and "Avoidance of Extreme Styles." Maybe later will be better for listeners.

さあ、今回のレッスンはどうでしたか。後半は少し難しかったかもしれませんね。何度も聞き直して、自分でも話せるように練習してみてください。Repetition や Shadowing だけでなく、話す内容の構成を組み立てること、そして相手に伝えること、こうしたトレーニングを続ければ、あなたも必ず「英語ができる人」になります。ところで今回、第1回目のタイトルが“Food for Thought”だったのを覚えていますか。“food for thought”というのはよく使われる表現で、実は“something to be considered”「何か考えるべきこと」「考える材料」という意味があるんです。ちょっと気になった人は辞書で調べて、今回のプログラムをもう一回聞いてみるのもいいかもしれません。

Well, then...

See you next time!

＜プロフィール＞

伊藤 太 (Futoshi Ito)

大手予備校・有名進学塾等で英語講師を務め、東大クラス・医学部コース等を担当。作成した教材から東大・筑波大等の入試長文問題を的中。コーチングを取り入れた研修方法を確立し、数多くの講師・教員の授業力・授業アンケート向上に寄与。現在、多数の私立学校にコンサルタント、アドバイザーとして関わるとともに、ネイティブスピーカーを含む学校教員・予備校講師（100名超）のコーチを務める。

ゲイリー・スコット・ファイン (Gary Scott Fine)

オレゴン州ポートランド出身。スタンフォード大学大学院修士課程修了（東アジア研究）、南カリフォルニア大学大学院修士課程修了（映画・テレビ研究）。現在、東海大学教育研究所准教授。主な研究テーマはエンターテインメントメディアを通じた第二言語習得。

朝日新聞・土曜版、『ENGLISH JOURNAL』（アルク）、『CNN ENGLISH EXPRESS』（朝日出版社）に映画・ドラマに関わる英語コラムを連載中。NHK 教育テレビ、アルクヒアリングマラソン等多数の番組で出演及びテキスト執筆で活躍。